FOR WW OFFICE USE ONLY: 002SS_ 13826

TOBACCO ATTESTATION FORM

Whether or not a tobacco user, **each Employee AND applicable Spouse are required to complete and sign the below affidavit** to certify that he or she is tobacco-free, OR a tobacco user who will complete the Wellworks For You Tobacco Cessation e-Learning Series (considered a Reasonable Alternative Standard) to quality for the **Wellness Rate.** It is the **participant's responsibility** to submit the Tobacco Attestation Form as part of the wellness program to be returned to Wellworks For You, as outlined below, by **AUGUST 31, 2026.** To provide participants with faster updates, an automated process may be used to extract the data on this form. **Please ensure this form is filled out accurately, legibly, and text is aligned before submitting.**

CONTACT INFORMATION

COMPANY NAME: Oak Harbor Freight Lines

FIRST NAME: _____ LAST NAME: _____

DATE OF BIRTH: _____ ☐ MALE ☐ FEMALE EMPLOYEE ID: _____

PHONE: _____ EMAIL: _____

SELECT ONE: I am the ☐ **Employee** ☐ **Spouse** *If spouse, please list employee name:* _____

TOBACCO STATUS (PLEASE CHECK ONE)

☐ I do **not** use tobacco products including cigarettes, cigars, chewing tobacco, as well as electronic nicotine delivery systems such as e-cigs, vaping, or any other nicotine product and promise not to use these products during this benefit year.

☐ I currently **use** tobacco products but will be completing the **Wellworks For You 6-week Tobacco Cessation e-Learning Series** by **AUGUST 31, 2026.**

☐ I currently **use** tobacco products and **will not** be completing a cessation program.

NOTE: You will not qualify for the Wellness Rate if you are currently using any form of tobacco, including cigarettes, cigars, e-cigs, and chewing tobacco, in any amount – even occasional social use – and choose not to participate in the Cessation Program as the Reasonable Alternative Standard.

How to Complete the Tobacco Cessation 6-week e-Learning Series:

Please note: *You will not be paid by Oak Harbor Freight Lines to take this class.* You must login to your Wellness Portal account, select the Portal **MENU** option and navigate to the **e-Learning** page and select **e-LS: Tobacco Cessation**. After completing the Pre-Module Survey, Module 1 will unlock. Beginning with Module 1, you must watch each video and then complete the quiz associated with each module. You must pass each quiz with a score of 70% or above to move on to the subsequent Module. Each Module will unlock after exactly one week of passing a Module's quiz. After you complete Module 6, you must complete and save the Post-Module Survey. You must begin this program (including all quizzes and surveys) no later than **JULY 13, 2026** to complete the program in its entirety by **AUGUST 31, 2026.**

PLEASE SIGN BELOW

I understand this is a legally binding document and I attest that the above information is accurate to the best of my knowledge. This attestation form is not complete unless I have checked a box in the Tobacco Status section that is relevant to me and have signed and dated the form below.

_____ _____

Signature of Participant (Required) **Date**

SUBMIT YOUR COMPLETED FORMS BY AUGUST 31, 2026

- **Upload to Portal:** Click the **Upload a Form** tile from the homepage, select the event title from the drop down and upload your form to the portal. This will be securely emailed for processing. Users are limited to **one (1)** file per email.
- **Upload to Mobile App:** Use your smartphone to take a photo of your completed form. Open the Wellworks For You Mobile App, navigate to **Menu > Upload a Form**, tap **Click to Upload**, select the appropriate Wellness Event from the drop down, and click **Upload to submit**.

PLEASE NOTE: Wellworks For You requires at least **seven (7)** to **ten (10)** business days for processing and participation to be updated in the Wellness Portal.

For form submissions, please submit via a method listed above. For additional support chat with us live on the wellness portal (not available on the mobile app).